

South Australian Bocce Federation Inc.

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Where you can play bocce

Sicilia Social & Sports Club
45a O G Road
Klemzig SA 5087

Thank you to our sponsors

ADELAIDE — CEMETERIES



**Brianni
Constructions**



*Distinctive
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EXCELLENCE IN FUNERAL SERVICE



Government
of South Australia
Office for Recreation,
Sport and Racing



Mission Statement

“To promote the sport to people of all ages and abilities and maintain our game’s culture.”

SOUTH AUSTRALIAN BOCCE FEDERATION INC.



BOCCE is a
Fun & Relaxing
sport for all ages...

Universal Sport
suitable for all levels of fitness...

National & Worldwide
recreational sport as well as a
competitive sport...

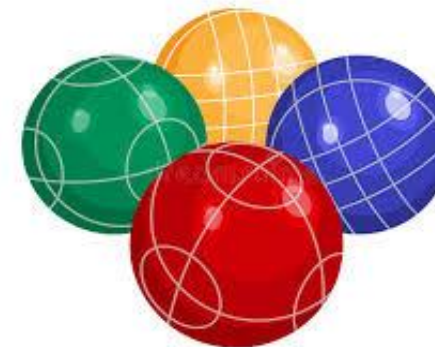
SOUTH AUSTRALIAN BOCCE FEDERATION Inc.



Playing bocce helps you to make new friends, assists in keeping you fit without realising that you are exercising, and gives you something to look forward to.

Bocce helps adolescents interact with each other, and broadens their social network.

Bocce is a non-contact sport which can be played by all ages, all fitness levels and all genders. Which other sport allows such flexibility!



SOUTH AUSTRALIAN BOCCE FEDERATION INC.

The Principles of Bocce

Bocce is played between two players in the singles game, or between teams of up to four players.

The player aims to place the bowl (ball) as near as possible to the target (jack). In turn the opponent attempts to place their bowl nearer to the jack which may include displacing the opposition's bowl. The bowl can be bowled along the ground or thrown through the air to displace the opposition's bowl.

Bocce as a Sport

The Bocce Federation of Australia (BFA) is an active member of the world body, the Federation International de Boules (FIB) which is recognised by the International Olympic Committee (IOC).

Australia fields strong teams in the major international tournaments such as the World Juniors, World Games, World Seniors and World Women's Championships, and always performs credibly. Also there are many bocce tournaments within Australia that are well attended.

How to play Bocce

The game starts with two teams tossing a coin. The winner of the toss bowls the jack into the 5 metre rectangle and plays the first bowl (ball). The opposition then attempts to place their first bowl even closer to the jack.

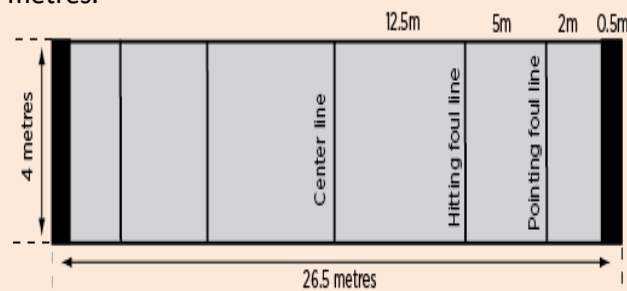
Throughout the game the bowl closest to the jack has the advantage (holds the point) and their opponents are committed to continue until they either gain the advantage (hold point) or have used all their bowls.

When both teams have played all their bowls, the score is taken. The team with the bowl closest to the jack has the advantage of scoring one point for each of its bowls nearest to the jack than the nearest opposition bowl.

The game alternates end to end until a team wins by normally scoring 13 points.

The Bocce Court

Any type of surface may be used for a bocce court. Bocce can be played indoors or outdoors. The standard court length is 27.5 metres. A minimum length is 26.5 metres. The width of the court can range from 2.5 to 4 metres.



THE DIMENSIONS OF THE BOCCE COURT



Bocce as a School Sport

There are modified games of bocce which are simpler and designed for children. The games are modified to increase the participation of younger players.

The games are stimulating and can be easily played by co-ed groups of various ages. All types of surfaces are suitable, making them ideal for schools.

The South Australian Bocce Federation Inc. runs bocce school clinics at the Sicilia Sport & Social Club or can come to your school for the day.

