

# SOUTH AUSTRALIAN BOCCE FEDERATION INC.

South Australia's Official Bocce
Organisation with 45 Years of Experience

SA's Representative at National and International Bocce Competitions



#### What is Bocce?

Bocce is played on compacted sand courts 27.5m long and can involve throwing techniques.

There are many ways to play the game. The most common consisting of two teams competing to position their bowls closest to a target known as a jack.

# Do I need experience to play?

No experience needed! Rules and tips will be outlined by our experienced instructors.

### Why Play Bocce?

Because it's fun and for all ages! It is a sport suitable for all levels of fitness ranging from bowling the bocce and for players seeking an extra challenge, throwing while running.

Bocce also sharpens motor skills and is a great environment to meet new friends.

## How can I start playing?

Call or text 0434 023 656

(Mon-Fri 9.00am - 5.00pm)

Email: info@boccesa.com.au